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| FACULTY: | Faculty of Humanities |
| FIELD OF STUDY: | Pedagogical Studies |
| ERASMUS COORDINATOR OF THE FACULTY: | Anna Hajek, MA  Wiesław Trojanowicz, MA |
| E-MAIL ADDRESS OF THE COORDINATOR: | anna.hajek[@tu.koszalin.pl](mailto:jolanta.sypianska@tu.koszalin.pl)  [trojanowicz@op.pl](mailto:trojanowicz@op.pl) |
| COURSE TITLE: | **Free time pedagogy** |
| LECTURER’S NAME: | Iwona Zychowicz, PhD |
| E-MAIL ADDRESS OF THE LECTURER: | [iwona.zychowicz@tu.koszalin.pl](mailto:iwona.zychowicz@tu.koszalin.pl) |
| ECTS POINTS FOR THE COURSE: | 2 |
| ACADEMIC YEAR: | **2020/2021** |
| SEMESTER:  (W – winter, S – summer) | S |
| HOURS IN SEMESTER: | 20 |
| LEVEL OF THE COURSE:  (1st cycle, 2nd cycle, 3rd cycle) | 1 |
| TEACHING METHOD:  (lecture, laboratory, group tutorials, seminar, other-what type?) | Lecture, group tutorials |
| LANGUAGE OF INSTRUCTION: | Polish |
| ASSESSMENT METHOD:  (written exam, oral exam, class test, written reports, project work, presentation, continuous assessment, other – what type?) | project work |
| COURSE CONTENT: | Terminology of free time  Leisure time pedagogy as scientific discourse  Health-related importance of rest  Contemporary forms of spending free time (sport, tourism, recreation)  Health-related importance of rest  Planning of time budget - planning  Educational consequences of improper use of free time |
| ADDITIONAL INFORMATION: | J. Pięta, *Pedagogika czasu wolnego,* Nowy Dwór Mazowiecki 2014R.D. Tauber *Pedagogika czasu wolnego zarys problematyki, WSHiG, Poznań 1998* consultations in English |

24.03.2020 Iwona Zychowicz

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